



Diabetes Prevention Program

Kickoff Event January 10, 2017

Do you worry about your **Weight**?

Do you wish you had more **Energy**?

Are you afraid you may get **Diabetes**?

Do you want to enjoy **Life** more?

Making a lifestyle change is hard...We can help

You may be at risk for type 2 diabetes and may be eligible for this program if you:

- Have a family history of type 2 diabetes
- Not physically active
- Overweight
- Have history of gestational diabetes

Free

Make a commitment to your health and sign up today!



**For more information contact:
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